# **BAN: COVID-19 Response Emergency Assistance Project**

ADB Project 54173-001| Loan 3918-BAN

# **ENVIRONMENTAL MANAGEMENT PLAN**

## **Package**

Package No. MYMEN/ICU/ADB/WD-8: Isolation Centers and Critical Care Units in 17 Medical College Hospitals (Lot 10: Construction of 50 bed Isolation Unit & 10 bed Critical Care Unit at Mymensingh Medical College Hospital)

**Implementing Agency** 

Health Services Division (HSD)

Ministry of Health and Family Welfare

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Prepared by Health Services Division (HSD) of the Ministry of Health and Family Welfare for the Asian Development Bank.

The Environmental Management Plan is a document of the borrower. The views expressed herein do not necessarily represent those of ADB's Board of Directors, Management, or staff, and may be preliminary in nature.

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## 1. PROJECT BACKGROUND

- 1. COVID-19 is a new disease with similar symptoms as influenza but different in terms of severity and community transmission<sup>1</sup>. The World Health Organization (WHO) declared the COVID-19 as a Public Health Emergency of International Concern on 30 January 2020 under the International Health Regulations (IHR) 2005 and recognized it as a pandemic on 11 March 20202<sup>2</sup>. On 23 March 2020, the Government of Bangladesh requested ADB for a support in its preparedness and response to the COVID-19 outbreak. Accordingly, ADB approved a loan of \$100 million from its ordinary capital concessional resource for Loan 3918 –BAN (COL): COVID-19 Response Emergency Assistance Project (the project) on 30 April 2020. The loan agreement was signed on 13 May 2020 and became effective on 16 May 2020. The loan completion date is 31 October 2023. The Health Services Division (HSD) of the Ministry of Health and Family Welfare is the executing agency (EA) and the Directorate of Health Services (DGHS) is the implementing agency (IA) of the project.
- 2. The project will support the procurement of equipment and supplies, the upgrading of health and testing facilities, and build system and community capacities for surveillance, prevention and response to COVID-19. The project's outcome will be the improved Health and wellbeing of COVID-19 affected persons. The project will have three outputs: (i) Output 1: Immediate and urgent needs are met in prevention and control of COVID-19; (ii) Output 2: Infrastructure and related equipment are delivered to support and sustain prevention and management of COVID-19; and (iii) Output 3: Health system and community capacities in combatting COVID-19 are strengthened. In particular, the project will involve civil works supporting the upgrade/extension of existing facilities for the establishment of (i) screening and quarantine areas at points of entry; (ii) critical care and isolation units in existing healthcare facilities; (iii) microbiological diagnostics facilities in existing medical colleges and hospitals across the country.

## 2. SUBPROJECT DESCRIPTION

- 3. In order to ensure modern medical services to the people of Greater Mymensingh in the central part of Dhaka and to keep pace with the growing population, to acquire and implement plans to set up a medical college and hospital in Mymensingh. The foundation stone is laid. In the building of the then Mats (in the academic year 1961-62) 50 students were admitted in the first year of MBBS: Medical College was started. Later, the government decided to suspend the activities of Mymensingh Medical College and set up a 1000-bed hospital at the acquired site. Construction of a 1000-bed hospital at the acquired site. Construction of a 1000-bed hospital at the acquired site. Construction of a 1000-bed hospital at the site began in 2006 and was completed on 2012. This is largest hospital in the Mymensingh Division & only referral hospital (Level 3) in greater Mymensingh area serving health care services for about 60 million populations. The hospital is situated in Charpara which is within the city corporation area 125 kilometers North-West from capital city Dhaka.
- 4. Land area of the hospital campus is 21.29 Acres. Hospital building area is about 3, 60,000 Sq. ft. Total 30 departments are running in the College and Hospital. Six female hostel, seven boys hostel, two internee hostel, one Nurses Training Centre, One Nuclear Medicine Centre, One Morgue, Staff Quarters, Mosque and a playground are there in the campus.
- 5. Mymensingh Medical College Hospital (MMCH) is start conducting coronavirus test from 1<sup>st</sup> April 2020. The test lab was formally inaugurated at the Microbiology department on 1<sup>st</sup> April2020. The treatment of the Coronavirus patient also started in the hospital. There are some waste collection bins placed inside the hospital but it is recommended to enhance the number and to use separate and labelled colored bins to store the medical wastes as well as to handle them with care and to dump in marked places through securing proper safety measures.<sup>3</sup>

<sup>&</sup>lt;sup>1</sup> WHO Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus. <a href="https://www.who.int/health-topics/coronavirus#tab=tab">https://www.who.int/health-topics/coronavirus#tab=tab</a> 1.

<sup>&</sup>lt;sup>2</sup> WHO. International Health Regulations (2005). 3rd Ed. https://www.who.int/ihr/publications/9789241580496/en

<sup>&</sup>lt;sup>3</sup> https://mmch.gov.bd/mmch\_information.php?id=1.

CREAP: Construction of 50 bed Isolation Unit & 10 bed Critical Care Unit at Mymensingh Medical College Hospital

6. Under this sub project, construction of 50 bed Isolation Unit & 10 bed Critical Care Unit at Mymensingh Medical College Hospital. The respective medical authority will provide necessary support and supervision and the monitoring process will be done through Public Works Department (PWD). A small amount of waste materials will be produced during the construction period and medical wastes will be produced during the operation phase of the ICU. The handling these medical wastes along with other waste are included in Appendix 2. Also, Environmental Screening Checklist has been developed along with the Environmental Code of Practices (ECoP) for effective mitigation measures

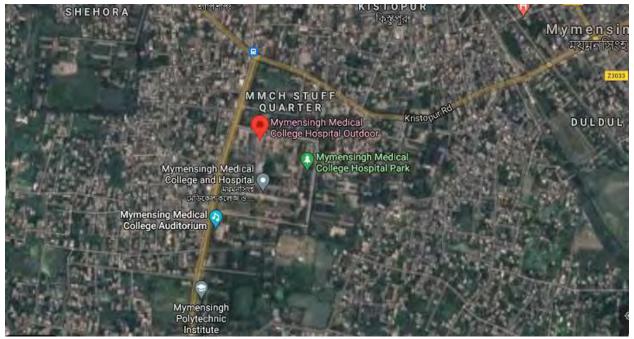


Figure 1: Mymensingh Medical College Hospital (MMCH)

## 3. BASELINE INFORMATION

- 7. **Climate.** The climate of Mymensingh is moderate, much cooler than Dhaka, as it is closer to the Himalayas. The monsoon starts in May or June and continues till August. It rains heavily and sometimes for days and weeks. During the monsoon, the temperature varies between 15 and 20 degrees.<sup>4</sup>
- 8. **Air Quality and Noise Level.** Emission of huge quantity toxic elements with black smoke from unfit vehicles and noise pollution are increasing day by day in Mymensingh district. According to a recent investigation, 80 percent of air pollution is caused by emitting huge quantity of toxic smoke from unfitness vehicles like cars, buses, trucks, taxies, minibuses, trains and others. Black smoke from unfitness vehicles contains Sulphur dioxide, carbon monoxide and nitrogen oxides that are harmful to the ecological balance and also for the human body, said environment specialists. Besides, noise pollution has become another phenomenon for the environment across the district. It is also increasing at an alarming rate. Noise pollution includes noise of cars, buses, and trucks, motor vehicles, loudspeakers use in different cultural and social programme, and many others high-intensity sound from different medium which is extremely harmful to the environment.
- 9. **Drinking Water Quality.** A study was conducted to assess some chemical properties and heavy metals of surface waters collected from different sources at Bangladesh Agricultural University Campus and Mymensingh Sadar Upazila for common use. Twelve water samples were collected from 4 different locations during February to April 2011 for analyzing their chemical quality parameters. The recorded values of pH, EC (Electrical Conductivity), TDS (Total Dissolved Solid), DO (Dissolved Oxygen), As, Pb and Fe were found to range from 6.153 to 7.043, 0.194 to 0.679 mS/cm, 106.333 to 389.333 ppm, 4.433 to 4.9 ppm,

<sup>&</sup>lt;sup>4</sup> https://en.wikipedia.org/wiki/Mymensingh.

CREAP: Construction of 50 bed Isolation Unit & 10 bed Critical Care Unit at Mymensingh Medical College Hospital 0.064 to 1.756 ppb, 0.00053 to 0.00083 ppm and 0.567 to 1.795 ppm, respectively. pH and TDS of the surface water were within the standard value but other parameters such as As, Pb, and Fe were significantly higher than the standard for drinking water. The correlation analysis among chemical and heavy metal properties indicated that all the parameters had significant contribution to pollute the water except DO. The correlation between TDS and EC was strongly significant (r = 0.99\*\*). pH showed positive significant correlation with EC and TDS. Fe showed negative (r = -0.636) significant correlation with As. The above findings show that the surface water in Mymensingh area is being gradually polluted by unplanned discharge of chemicals and heavy metals contained effluents. It might be concluded that the water is not so harmful yet for irrigation, aquaculture and livestock usage.<sup>5</sup>

10. The city has a total of 221 healthcare facilities -- 131 hospitals and clinics and 90 diagnostic centres, according to the civil surgeon's office. A study finds that total 1500-2000kg day-1 waste materials have been measured in Mymensingh municipality where the total wastes generated from Dhaka City were 3000-4000kg day-1 (Rashid et al., 2006). Mymensingh Medical College and Hospital is the biggest government owned hospital in Mymensingh municipality. During the field survey, various hospital wastes was observed such as pathological wastes, textile stained with blood, cotton pads, used syringes, broken bottles and glass, paper, cans and other metals, vegetables/rubbish and sharp instruments (syringe- needles, surgical blades and blood lancets) etc. Some of the wastes are blood stained. All the HCE produce used syringes, broken bottles and glass, textile stained with blood and papers. The Study measured about 75% was non-infectious wastes and about 25% was infectious wastes per day.

#### 4. ENVIRONMENTAL MANAGEMENT PLAN

- 11. Environmental Management Plan is an instrument for implementing the mitigation plan for the proposed subproject. The plan provides guidance regarding environmental and social issues/parameters, location, frequency, and means of management and mitigation. An Environmental Management Plan (EMP) specifies the means through which adverse environmental and social impact of the project associated with pre-construction, construction, and operational activities of the subproject are either avoided or mitigated. This EMP will be implemented for impact management during project construction and operation.
- 12. The basic objective of the EMP is to manage the adverse impacts of proposed project interventions in a way that minimizes the adverse impact on the environment and people at the subproject sites. The specific objectives of the EMP are to
  - Identification of the environmental impacts and recommended mitigation and enhancement measures:
  - Define the responsibilities of the subproject proponents in accordance with the three project phases (design, construction and operation);
  - Facilitate the implementation of the mitigation measures by providing the technical details of each project impact;
  - Define a monitoring mechanism and identify monitoring parameters to ensure that all proposed mitigation measures are completely and effectively implemented;
  - Providing a cost estimate for EMP implementation.
- 13. The Contractor will be required to prepare a site specific EMP based on this EMP and submit to PIU for Approval; carry out all of the monitoring and mitigation measures set forth in the approved SEMP. The SEMP will be implemented for impact management during subproject construction and operation.
- 14. **Implementation Arrangements:** MOHFW will be the executing agency (EA) while DGHS will be the implementation agency (IA). The project is expected to be completed by April 2023. A project implementation unit (PIU) will be set up in DGHS to provide the technical, administrative, and logistical

<sup>&</sup>lt;sup>5</sup> https://www.banglajol.info/index.php/AGRIC/article/view/26563.

<sup>&</sup>lt;sup>6</sup> https://www.thedailystar.net/city/news/blatant-disregard-rules-1859191.

<sup>&</sup>lt;sup>7</sup>https://www.researchgate.net/publication/282892660\_Hospital\_Waste\_Generation\_and\_Management\_in\_Mymensingh\_Municipality.

CREAP: Construction of 50 bed Isolation Unit & 10 bed Critical Care Unit at Mymensingh Medical College Hospital support necessary for implementation. An inter-ministerial Project Steering Committee is to be constituted under the project of DGHS under the chairmanship of the Secretary, MOHFW, will provide guidance on policy directions and oversee the overall project implementation. The PIU will work directly with the government entity involved in each activity, such as but not limited to: (i) the COVID-19 Emergency Operation Center (EOC) in preparedness and response; (ii) the various coordination committees at Divisional, District, City Corporation and Upazila levels for civil works activities; and (iii) the Institute of Epidemiology, Disease Control and Research (IEDCR) and other relevant institutes under DGHS in contact tracing support and surveillance strengthening activities. The PIU will conduct regular monitoring and evaluation activities and hold quarterly reviews of progress against the indicators. For technical oversight and hands-on support to the PIU for ensuring environmental safeguards, an intermittent environmental specialist will be appointed throughout project implementation up to completion.

- 15. The contractor will designate their environmental staff who will be responsible in overseeing the implementation and compliance to the EMP during construction phase and maintain a record of complaint/grievance submitted at the project level through the contractor including any actions taken to address the issue. Contractors will also follow the guidelines for COVID-19 preparedness provided in Appendix 3.
- 16. **Grievance Redress Mechanism (GRM):** MOHFW will ensure that affected persons will have the chance to express their legitimate grievances or to file a complaint about the project by setting up a Grievance Redress Mechanism (GRM) as soon as the loan becomes effective. The GRM shall resolve complaints in a time-bound and transparent manner. The GRM process will be aligned with the process adopted by MOHFW, while ensuring compliance with the policy principles of ADB SPS 2009. Any cost related to the implementation of the GRM will be part of the administration cost borne by MOHFW. Grievances filed and resolved will be thoroughly documented and included in the monitoring reports submitted to ADB.
- 17. Complainants or affected persons can seek redress to their complaints in three levels: Level 1: The complaint will be resolved at the activity level through the Site Engineer or Representative by the Contractor within one to two working days and advise the Complainant accordingly. Level 2: The GRM Focal Person will assist the complainant in elevating the complaint to the PIU. The PIU will address the grievance within 7 days through continuous interactions with the complainant to answer queries and resolve the complaint. Level 3: In the event the complainant is not satisfied with the decision after the GRM, the Complainant can access the ADB's Accountability Mechanism (ADB's Office of Special Project Facility or Office of Compliance Review).

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Table 1: Environmental Management Plan for Isolation Unit and CCU at MMCH

	Table 1. Environmental Management Plan for Isolation Onit and		Monitoring Method		Responsibility			
IEC	Potential Impact	Mitigation Measures	Method of Collecting and Reporting Data	Location and Frequency	Implementation	Supervision		
CONSTRUCTION	CONSTRUCTION PHASE							
Waste Management for Construction and COVID Waste	<ul> <li>Soil, water and air pollution from the improper management of wastes and excess materials from the construction sites.</li> <li>The discarded PPE has posed serious health hazards and can spread the contagion among cleaners and walkers.</li> </ul>	<ul> <li>Develop a waste management plan including COVID waste by the help of the environmental consultant and later to update the plan, if required.</li> <li>Use of colored bins (like yellow) and to put medical wastes in 2-3 layered plastic bag. These wastes need to disinfectant first using chlorine or any other germicides and then safely transport them through marked vehicles in a marked place.</li> <li>Waste segregation, packaging, collection, storage disposal, and transport will be conducted in compliance with GOB, ADB and WHO COVID-19 Guidelines.</li> <li>Train on correct use and disposal of PPEs and check that they understand.</li> <li>Construction wastes (such as piece of rod, wood, bamboo, tin sheet, brick etc.) shall be kept in designated area and sprayed water mist to reduce the dust.</li> <li>Use PPE for staff handling any hazardous materials seepage of hazardous chemicals in case of any accidental spills.</li> <li>Do not burn/throw in any wastes to the water bodies/drains.</li> <li>The PIU will audit any off-site waste disposal required on a monthly basis and institute any remedial measures required to ensure compliance.</li> </ul>	Record of waste type and quantity and the disposal method	Construction camp and work sites during construction period	Contractor	PIU and Environmental Consultant (ES)		
Management of Workers Facility	Lack of proper facilities such as water supply and sanitation facilities may pose health hazards to workers.	<ul> <li>Ensure sufficient stock of soap, sanitizer, washing facility and safe water at work site. Also provision of an appropriate number of toilets and hand-washing points.</li> <li>At the entrance of the worksite every personnel must wash their hands for 20 second with maintaining a distance of at least 6ft from each other.</li> <li>Check the availability of medical kits at the site on weekly basis.</li> <li>Preparation of daily routine checkup including temperature screenings of the workers and staff.</li> </ul>	Visual inspection & consultation with worker; Health checkup record.	Construction camp site during construction period	Contractor	PIU and ES		
Drinking Water Quality	Groundwater at shallow depths may be contaminated with arsenic and other parameters and hence not suitable for drinking purposes.	<ul> <li>Provide the drinking water that meets national standards.</li> <li>Select aquifers for drinking water free from arsenic and other contaminants.</li> <li>Tube wells will be installed with due regard for surface environment, protection of groundwater from surface contaminants, and protection of aquifer cross contamination. Sanitary waste should be adequately disposed-off to avoid groundwater contamination.</li> </ul>	Record of water- borne diseases	Regular monitoring the drinking water source during construction period	Contractor	PIU and ES		
Drainage Congestion	Waterlogging due to improper management of drainage for rainwater/liquid waste or wastewater.	<ul> <li>Regularly inspect and maintain all drains to assess and alleviate any drainage congestion problem.</li> <li>Stockpile materials away from drainage lines.</li> <li>Reconstruct internal road-side drains immediately if damaged by any activities.</li> </ul>	Visual inspection & consultation with hospital staff and visitors.	In the project area during construction period	Contractor	PIU and ES		
Dust/Air Quality Management	Dust generation from construction sites, material stockpiles specially earth material stockpiles and access roads is a nuisance in the environment and can be a health hazard.	<ul> <li>During pneumatic drilling/wall destruction dust shall be suppressed by ongoing water spraying and/or installing dust screen enclosures at site.</li> <li>Water spraying the material stockpiles and access roads when and as required basis to minimize the potential for environmental nuisance due to dust. Increase the watering frequency during periods of high risk (especially during the dry period and high winds).</li> <li>Cover haul vehicles carrying dusty materials moving outside the construction site.</li> </ul>	Visual inspection & consultation with hospital staff, doctors, patients and their relatives	On the worksite Weekly monitoring during construction period	Contractor	PIU and ES		

			Monitoring Method		Responsibility		
IEC	Potential Impact	Mitigation Measures	Method of Collecting and Reporting Data	Location and Frequency	Implementation	Supervision	
		Fit machinery/vehicles with appropriate exhaust systems and emission control devices.					
Noise and Vibration Management	Noise may have an impact on workers, patients, hospital staffs, local residents etc.	<ul> <li>Appropriately site all noise generating activities to avoid noise pollution to workers, patients, hospital staffs, local residents etc.</li> <li>Install temporary noise barriers by screen, tin, wood around generators to reduce noise levels.</li> <li>Employ best available work practices on-site to minimize occupational noise levels. Use ear plugs in noisy areas of the construction activities.</li> <li>Maintain all equipment in order to keep it in good working order in accordance with manufactures maintenance procedures.</li> </ul>	Visual inspection & consultation with hospital staff, doctors, patients and their relatives	On the worksite Weekly monitoring during construction period	Contractor	PIU and ES	
Occupational Health and Safety (OHS)	Construction works may pose health and safety risks to construction workers that may cause severe injuries and deaths.  Lack of first aid and health care facilities in the immediate vicinity.  Health risk of construction workers due to COVID-19.	<ul> <li>Develop and implement an Occupational Health and Safety Plan to ensure competent and consistent attention to worker health and safety throughout the construction phase.</li> <li>Prepare the health and safety guidance for COVID-19 at work sites and get approval from PMU, and strictly follow the guidance at worksite;</li> <li>Any worker showing symptoms of respiratory illness (fever, cold or cough) and has potentially been exposed to COVID-19 should be immediately removed from the site and tested for the virus at MMCH;</li> <li>Workers involved for any short renovation activities at isolation area for COVID-19 will have WHO certified PPE and subsequently dispose the PPE in designated areas.</li> <li>Provide PPE to workers such as safety shoes, safety helmets, face masks, hand gloves, protective clothing, goggles, full face eye shields, and ear plugs and monitor to maintain them.</li> <li>Ensure hand washing and other sanitary stations are always supplied with clean water, soap, and disinfectant;</li> <li>Provide safety measures as appropriate during works such first aid kits, restricted access zones, warning signs, overhead protection against falling debris, lighting system to protect community, hospital staff and patients against construction risks.</li> <li>Simple poster/signage in Bangla explaining entry procedures. Signage available in hospitals to remind health personnel to wear masks if necessary and wash hands before entering/leaving.</li> <li>Emergency preparedness and response procedures and equipment (warning signs, fire extinguishers, fire exit etc.).</li> <li>Train all construction workers in OHS matters, and on the specific hazards of their work and maintain a register of the person present during the training.</li> <li>Grievance Redress mechanism (GRM) developed to readdress complaints raised by community, health staff, patients and their relatives.</li> </ul>	Visual inspection & consultation with hospital staff, doctors, patients and their relatives Record of accidents Obtain record of training Provision of regular temperature check, using disinfectants and also provision of time-to-time hand wash are required to limit the COVID-19 pandemic.	Contractor' site office and work site during construction	Contractor	PIU and ES	
Site	Damage due to debris, spoils,	Remove all spoils wreckage, rubbish, or temporary structures from the construction	Visual inspection &	At the end of	Contractor	PIU and ES	
Reinstatement	excess construction materials.	<ul><li>and camp sites;</li><li>All affected structures rehabilitated.</li></ul>	consultation with local people	construction period			
OPERATION PHA	SE						

Environmental Management Plan

			Monitoring N		Responsibility	
IEC	Potential Impact	Mitigation Measures	Method of Collecting and Reporting Data	Location and Frequency	Implementation	Supervision
COVID Waste Management	COVID waste has posed serious health hazards and can spread the contagion among hospital staff, waste handlers and the community.	<ul> <li>Prepare medical waste management plan that will cover the waste generated from the response to the COVID-19 infection. The plan will follow ADB's guidance note on managing medical waste during COVID-19 pandemic as well as any other government regulations.</li> <li>All medical waste produced during the care of COVID-19 patients must be considered as infectious waste and should be segregated and collected safely in designated colored coded containers.</li> <li>Use of colored bins (like yellow) and to put Covid wastes in 2-3 layered plastic bag. These wastes need to disinfectant first using chlorine or any other germicides and then safely transport them through marked vehicles in a marked place.</li> <li>Waste segregation, packaging, collection, storage disposal, and transport will be conducted in compliance with WHO COVID-19 Guidelines.</li> <li>Train the staffs on color coding and handling of infectious Covid wastes.</li> </ul>	<ul> <li>Visual inspection and consultation with hospital staff and cleaners.</li> <li>Record of waste type and quantity and the disposal method.</li> </ul>	Hospital area especially in COVID ward during operation period	MMCH	DGHS
Medical Waste Management	Poor management of medical waste exposes healthcare workers, waste handlers and the community to infections, toxic effects and injuries.     Soil, water and air pollution from the improper management of wastes generated from the facility.	<ul> <li>Provision of color coded, covered receptacles in strategic positions of the facility for separate categories of waste and regular cleaning of waste bins. Labels showing the type of waste that should be disposed of in each container should be placed near to the bins to guide staff and reinforce good habits.</li> <li>Medical wastes generated in the hospital will be treated by in-house facility and then these treated wastes will be disposed of as per a pre-determined SOP in accordance with international good practices. Transport the medical waste with covered vehicle. The records of waste disposal will be maintained as proof for proper management as designed.</li> <li>Ensure necessary PPE (gown, gloves, face mask, goggles or face shield, gumboots) is provided to all staffs, as required and ensure them to wear PPE when handling and disposing waste according to national and WHO guideline.</li> <li>Do not burn the wastes openly or throw in to water bodies or do not dispose on soil.</li> <li>Audit for any off-site waste disposal will be required on a monthly basis and institute any remedial measures required to ensure compliance.</li> </ul>	Visual inspection and consultation with hospital staff and cleaners. Record of waste type and quantity and the disposal method.	Hospital area during operation period	MMCH	DGHS
Hazards due to Substation & Generator	<ul> <li>Noise and vibration may have an impact on hospital staff, doctors, patients and their relatives;</li> <li>Accidental spillage of oil and toxic coolants that would contaminate land and water.</li> <li>Risk of fire and electrocution hazards from substation.</li> </ul>	<ul> <li>Have provision to use canopy to absorb 0.7 dB to 0.8dB of noise.</li> <li>Periodic maintenance of equipment such as transformers and capacitors to minimize noise generation.</li> <li>Provision of oil-water separator and oil containment structure.</li> <li>Substation room will be entry restricted and security staff assigned to prevent unauthorized public access. Place warning signs at substation and generator room.</li> <li>Ensure firefighting arrangement such as fire extinguishers, fire alarms etc. in the substation site.</li> <li>Use of PPE, proper training, awareness, keeping safe distance from hazardous points, maintaining safety of high switchyard and cable gallery.</li> </ul>	Regular inspection and testing of all safety features and hazard control measures and personal protective features.	Substation room during operation period	MMCH	DGHS
Occupational Health and	Needle-sticks, surgical cuts, and other injuries posing transmission risk of blood-borne diseases such	Prepare a health and safety guidance for COVID-19 and strictly follow the guidance at the facility.	<ul> <li>Regular inspection and testing of all safety features and</li> </ul>	Hospital area during operation period	MMCH	DGHS

Environmental Management Plan

## CREAP: Construction of 50 bed Isolation Unit & 10 bed Critical Care Unit at Mymensingh Medical College Hospital

			Monitoring N	Method	Responsibility	
IEC	Potential Impact	Mitigation Measures	Method of Collecting and Reporting Data	Location and Frequency	Implementation	Supervision
Safety including COVID H&S	as COVID-19, Hepatitis C, HIV-AIDS, etc.  • Dermatitis and allergic reactions due to workplace exposures.	<ul> <li>Refer to IFC EHS Guidelines for Healthcare Facilities (2007) and relevant national guidelines and protocols.</li> <li>Implement suitable safety standards for all workers and facility visitors.</li> <li>Mandatory use of personal protective equipment and safety gears, where required.</li> <li>Arrangements for safe drinking water and sanitation facilities.</li> <li>Provide regular OHS training to healthcare workers.</li> <li>Provide incentives to staff and create a work-life balance in work schedule.</li> </ul>	hazard control measures and personal protective features			
Accidental Releases of Gas and Fluids	Leakage of infectious or hazardous substances may pose serious health hazards and can spread the contagion among hospital staff and patients, cleaners etc.	<ul> <li>Develop an Emergency Response Plan and follow strictly during emergency incident.</li> <li>Emergency preparedness and response procedures and equipment (warning signs, fire extinguishers, fire exit etc.).</li> <li>Wear disposable gloves and, if aerosols are formed, glasses and a respirator for particles.</li> <li>Cover the contaminated area with a disinfectant in a concentric way, starting at the edge and progressing towards the center of the contamination.</li> <li>Avoid spraying or pouring the disinfectant from above, which can cause aerosols.</li> <li>Mop up, and dispose of all waste and contaminated material in the appropriate container (infectious waste).</li> <li>Conduct monthly safety audit of facility to identify fire risks, electrocution hazards and other unsafe conditions, and assess adequacy of fire extinguishers and first aid provisions.</li> </ul>	Record of regular inspection.	Hospital area during operation period	MMCH	DGHS

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18. **EMP Budget:** The contractor should develop a site-specific Occupational Health and Safety Plan following ADB COVID-19 guidelines to ensure competent and consistent attention to worker health and safety throughout the construction phase and it is also suggested to maintain a medical waste management plan for the operation period. The possible mitigation measures of handling medical waste have also been suggested in the EMP. The EMP budget would also include the training cost. The contractor will arrange training for associated personnel and workers during construction phase. These training sessions will include knowledge on the environmental management system, health and safety, emergency response, etc. Estimated cost is to be included in the BOQ as non-competitive item. The EMP implementation cost for MMCH has been calculated and given in Table 2.

**Table 2: Cost Estimation for EMP Implementation** 

Mitigation and Manitoring Harry								
Mitigation and Monitoring Items	Unit	Total Unit	Cost/Unit	Total Cost				
1. Workers Health and Safety								
Safety Vest	Nos.	25	270	6750				
Helmet	Nos.	25	350	8750				
Safety shoes	Nos.	25	430	10750				
Safety Goggles	Nos.	25	280	7000				
Hand Sanitizer (5 Liter)	Nos.	7	2600	18200				
One time Face Mask	Box	7	500	3500				
Thermometer for measuring body temperature	Nos.	3	1000	3000				
Fire extinguisher	Nos.	4	1299	5196				
Megaphone Handheld Loudspeaker	Nos.	1	2700	2700				
First Aid Box	Nos.	1	2500	2500				
Torch Light	Nos.	2	1090	2180				
Sub-total excluding over-head & profit =				70526				
Sub-total Including over-head & profit =				80047.010				
Add VAT with adjustment factor (VAT-7.5% &Factor-1.08108)				6490.292				
Total for item 1 including over-head, profit and VAT =				86537.302				
2. Engineers Health and Safety								
Safety Vest	Nos.	5	270	1350				
Helmet	Nos.	5	350	5700				
Safety shoes	Nos.	5	1000	10000				
Safety Goggles	Nos.	5	500	10500				
Hand Sanitizer (5 Liter)	Nos.	2	2600	5200				
One time Face Mask	Вох	2	500	1000				
Thermometer for measuring body temperature	Nos.	1	1000	1000				
First Aid Box	Nos.	1	2500	2500				
Torch Light	Nos.	1	1090	1090				
Sub-total excluding over-head & profit =				38340				
Sub-total Including over-head & profit =				43515.90				
Add VAT with adjustment factor (VAT-7.5% &Factor-1.08108)				3528.313				
Total for item 1 including over-head, profit and VAT =				47044.213				
3. Training on Occupational Health and Safety, and COVID-19	Safety Pro	ntocol	I.	170111210				
Train on correct use and disposal of personal protective	Nos.	1	10000	10000				
equipment (PPE)	1405.	'	10000	10000				
Leaflet/poster for awareness among the workers, staffs and	Nos.	200	5	1000				
nearby communities	1405.	200	J	1000				
Sub-total excluding over-head & profit =				21000				
Sub-total Including over-head & profit =				23835				
Add VAT with adjustment factor (VAT-7.5% &Factor-1.08108)				1932.566				
Total for item 1 including over-head, profit and VAT =				25767.566				
4. Waste Management, Potable Water Supply and Sanitation F	acility			23707.300				
Supply of waste bins/pots for different wastes	Nos.	9	2400	21600				
Cost for drinking water	Nos.	4000	2	8000				
Cost for sanitation facilities (hand tube well, latrine etc.)	Nos.	1000	1	1000				
Cost for safety notices/signboards/protocol at site			5	500				
	Nos.	100	Ü	31100				
Sub-total excluding over-head & profit =								
Sub-total Including over-head & profit =				35298.500				
Add VAT with adjustment factor (VAT-7.5% &Factor-1.08108)				2862.038				
Total for item 1 including over-head, profit and VAT =				38160.538				

Mitigation and Monitoring Items	Unit	Total Unit	Cost/Unit	Total Cost
			Grand Total =	197509.618
Note: Considering Over-head 3.5%, Profit - 10%, VAT 7.5%				

- 11. **Monitoring and Reporting:** The PIU of the project, under DGHS, will monitor the progress of EMPs implementation and the compliance performance of their contractors. The PIU will undertake site inspections and document review to verify compliance with the EMPs and progress toward the final outcome.
- 12. In the current crisis context, MOHFW do not have sufficient capacity and resources available to effectively oversee safeguards issues; the project therefore being supported MOHFW by recruiting an environmental safeguards specialist and a social safeguards specialist within the PIU to manage all environmental and social safeguards issues, reporting to the project director. These two specialists have overall responsibility for safeguards screening, implementation, monitoring and reporting, while the project director is accountable for the project's overall compliance during implementation. Safeguards documents will be reviewed and approved by the executing agency/implementing agency and ADB. The PIU will also obtain all clearances and fulfill any government safeguards-related requirements as applicable. The safeguards specialists will work in close collaboration with the 8 division-level project coordinators, as well as government representatives within the various coordination committees at divisional, district, city corporation and upazila levels, and defined project focal points at each site covered by the project and will coordinate with other relevant government departments to consult and/or obtain endorsement if necessary. Institutional roles and responsibilities are further detailed in the EARF and RIPPF.
- 13. ADB will review the project performance based on the commitments by HSD, MOHFW as agreed in the legal documents. Monitoring and supervising of environmental safeguards will be integrated into the project performance management system of ADB. The review of project performance will be conducted by ADB until the project completion report is completed. ADB will carry out the following monitoring actions to supervise project implementation:
  - Conduct periodic site visits for projects with adverse environmental impacts;
  - review the environmental monitoring reports submitted by MOHFW to ensure that adverse impacts and risks are mitigated as planned and as agreed with ADB;
  - work with MOHFW and DGHS to rectify, to the extent possible, any failure to comply with their environmental commitments in the Loan Agreement, and exercise remedies to re-establish compliance as appropriate; and
  - Prepare a project completion report that assesses whether the objective and desired outcomes of the project have been achieved.

## APPENDIX-1: LAYOUT PLAN OF SUBPROJECT COMPONENTS

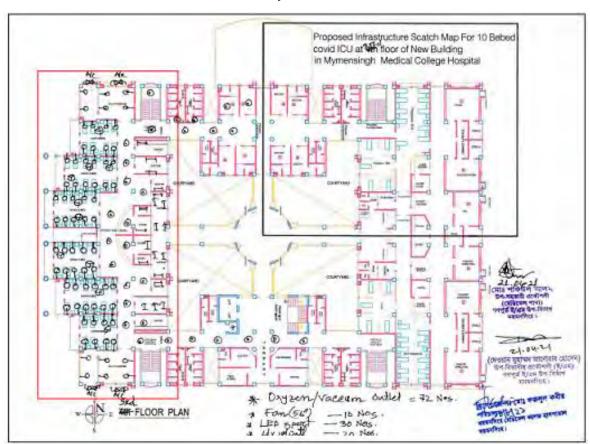


Figure: Construction of 50 bed Isolation Units at Mymensingh Medical College Hospital

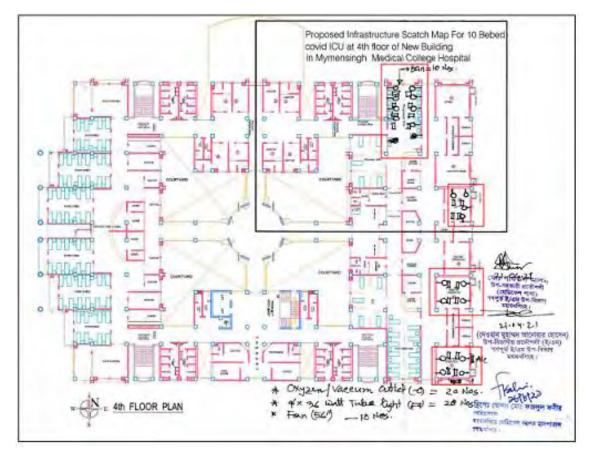


Figure: Construction of 10 bed ICU/CCUs at Mymensingh Medical College Hospital

#### APPENDIX-2: SAMPLE MEDICAL WASTE MANAGEMENT PLAN

#### **OBJECTIVE**

Medical Waste which is also referred as clinical waste has to be handled and disposed in a proper manner to eliminate the possibility of injury or infection and safeguarding the environment as a whole. The impacts associated with improper Medical Waste Management (MWM) can damage the environment and affect public heath directly and indirectly.

Medical wastes contain both general wastes (app. 75-80%) and infectious wastes (app. 20-25 percent). Medical Waste constitutes a public health hazard, if not managed properly. Although majority of the medical waste is no more dangerous than household/municipal waste, the hazardous waste, if exposed to the people or environment in an untreated form, pose various kinds of danger.

The main objective of the Medical Waste Management Plan (MWMP) is to organize disposal of all wastes generated during construction in an environmentally acceptable manner specially consider the following:

- Health hazards of the project personnel as well as community people should not be occurred;
- Manage the wastes in such a way that environment (specially air, water, surrounding environment etc.) will not be polluted;
- Odor means bad smell should not be generated;
- Always friendly environment at the construction sites and construction camps;
- Any waste should not be disposed into the river and any water bodies to avoid water pollution;
- Any waste should not be burnt

### STRATEGIES FOR MEDICAL WASTE MANAGEMENT

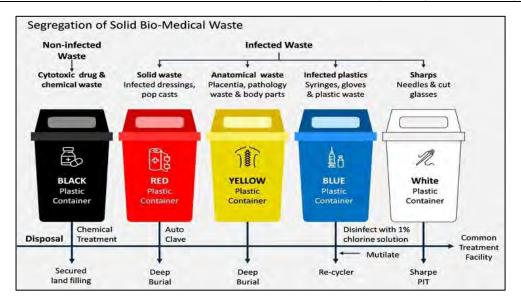
The major components of medical waste management include:

- Proper waste collection and segregation at source use of standardized color-coded bins for different wastes;
- Waste streams general, contaminated, cytotoxic/pharmaceuticals, body parts;
- Storage and transport cold storage for contaminated waste and body parts, transport in safe and leak proof containers;
- Waste treatment sterilization of contaminated waste (steam autoclave), incineration of cytotoxic, pharmaceuticals and body parts in incinerator meeting relevant standards and statues.

To perform a Medical Waste Management, several stages, need to be followed.

## Stage 1: Collecting & Segregating

The biomedical waste has to be collected in containers that are resilient and strong from breakage during the handling process. Do not place sharps, used needles, syringes, or other contaminated tools in common waste disposal or recycle bin because the entire waste will be infectious by doing so. The segregation also needs to be performed between the liquid and solid biomedical waste products. Categorizing the medical waste with correct segregation to isolate and manage each waste in the proper way. For this purpose, the segregations come in colored waste containers, label coding and plastic bags. The simplest way to identify the different types of waste is to collect the various types of waste in separate containers or plastic bags that are color-coded and/or marked with a symbol.



Stage 2: Storing & Transporting

Specific requirements for storage facilities, such as a secure area that is inaccessible to the general public, as well as separated it from areas for food consumption. The storage facilities also have to be accompanied with refrigerator or freezer unit that can be used with medical waste if necessary. Some facilities even provided special vehicles and protective devices to dispose, handling or transport the biomedical waste products. Remember to observe and keep maintaining the protective devices periodically so it won't be a source of transmitting the infections. Further recommendations should be followed by the ancillary workers in charge of waste collection:

- Wastes should be collected daily or as frequently as required and transported to the designated central treatment site.
- No bags should be removed unless they are labeled with their point of production (hospital and ward or department) and contents.
- The bags or containers should be replaced immediately with new ones of the same type.
- Special packaging requirements for off-site transport in general, the waste should be packaged
  according to the recommendations provided in sealed bags or containers to prevent spilling during
  handling and transportation. The bags or containers should be appropriately robust for their content
  (puncture-proof for sharps, for example, or resistant to aggressive chemicals). Bags and containers
  must be closed whenever they are two-thirds full. Never pile bags or empty them; grasp them from
  the top (never hold them against the body) and wear gloves.
- All waste bags or containers should be labeled with basic information on their content and on the
  waste producer. This information may be written directly on the bag or container or on preprinted
  labels, securely attached. For health care wastes, the following additional information should be
  marked on the label: waste category, date of collection, place in hospital where produced (e.g. ward),
  and waste destination.

## Stage 3: Treatment of Medical Waste

**Incineration** at high temperatures (over 1000°C) is one of the few technologies with which all types of health-care waste can be treated properly and it has the advantage of significantly reducing the volume and weight of the wastes treated. There are simple incinerator models for treating small quantities of medical waste. Some are available on the market, and others have to be built with local materials on the spot according to relatively simple plans. These incinerators consist essentially of one or two combustion chambers (the primary and secondary chambers) and a discharge chimney. The combustion and air-borne emission control system is simple. If infectious medical waste is treated in small single-chamber or dual-chamber incinerators on site, fractions of waste such as drugs, chemicals, halogenated materials or wastes with high heavy metal content (such as batteries, broken thermometers, etc.) must not be treated in this type of facility.

**Autoclaving** is a thermal process at low temperatures where waste is subjected to pressurized saturated steam for a sufficient length of time to be disinfected (60 minutes at 121°C and 1 bar). Where prions (which cause Creutzfeldt- Jakob's disease) are present, a cycle of 60 minutes at 134°C is recommended, since they are exceptionally resistant. Efficiency tests (biological or thermal) must in any case be carried out regularly. Autoclaving is environmentally safe but, in most cases, it requires electricity, which is why in some regions it is not always suitable for treating wastes Small autoclaves are frequently used for sterilizing medical equipment, but the models used for treating healthcare wastes can involve relatively complex and expensive plants (with internal mixing, shredding and drying systems) requiring meticulous design, proper sorting and a high level of operating support and maintenance. Furthermore, the effluents must be disposed of carefully and properly monitored. And lastly, large autoclaves may require a boiler that generates several types of emissions, which have to be monitored. Once wastes have been processed in an autoclave, they are no longer infectious materials: they can be landfilled with municipal refuse. Autoclaving is often used for pre-treating highly infectious waste before it is transported outside the hospital. This thermal process needs electricity and high installation cost.

**Microwaving** is another emerging technology to treat biohazardous waste, including material from healthcare facilities. Use of radiation to heat materials and destroy pathogens, can be combined with shredding to make material safe for disposal without modification. In microwave systems, disinfection occurs through the action of moisture and low heat. Microwave units usually operate at a frequency of 2450 MHz and the energy generates hot water and steam. It can be installed indoor with solid floor and require large electricity supply. It has the advantage of significantly reducing the volume and weight of the wastes treated up to 60-80% where autoclave can reduce to 50%.

#### Stage 4: Disposal of Medical Waste

**Disposal in a sanitary landfill or waste burial pit:** The disposal of untreated health-care waste in an uncontrolled dump is not recommended and must only be used as a last resort. It can be disposed of in a sanitary landfill, subject to certain precautions: it is important that health-care waste be covered rapidly. One technique is to dig a trench down to the level where old municipal refuse (over three months old) has been buried and to immediately bury health-care waste that is discarded at this level under a 2-metre layer of fresh municipal refuse. The following are the essential factors that must be taken into consideration in the design and use of a sanitary landfill

- · access must be restricted and controlled;
- · competent staff must be available;
- · the discarding areas must be planned;
- the bottom of the landfill must be waterproofed;
- the water table must be more than 2 meters below the bottom of the landfill;
- there must be no drinking water sources or wells in the vicinity of the site;
- · chemicals must not be disposed of on these sites;
- the waste must be covered daily and vectors (insects, rodents, etc.) must be controlled;
- the landfill must be equipped with a final cover to prevent rainwater infiltration; leachates must be collected and treated.

Purpose-built burial pit could also be used, preferably on the hospital site. Ideally, the pit should be lined with low permeability material such as clay to prevent the pollution of shallow groundwater and should be fenced in so as to prevent scavenger access. Health-care wastes must be buried immediately under a layer of soil after each unloading operation. It is suggested that lime be spread on the waste for added health protection (in the event of an epidemic, for example) or to eliminate odor. The pit should be sealed once it has been filled.

**Disposal of liquid wastes in the sewage:** There are two recommended ways to handle medical waste fluids: i. Collect fluids in a leak proof container and solidified for autoclave treatment; ii. Thermally (autoclave) fluids then they be disposed into the sanitary sewer system. An extra precaution should be performed before pouring treated fluids in sewer because they may clog and leak.

**Spill contingency plan:** Surfaces contaminated with spilled or leaked biomedical waste must be decontaminated with a solution of industrial strength detergent to remove visible soil before being disinfected by one of the following methods:

- · Steam for a minimum of 30 seconds.
- Rinse for at least three (03) minutes with a hypochlorite solution containing 100 parts per million (ppm) available free chlorine (note: one tablespoon per two (02) gallons of water is approximately 100 ppm available free chlorine), or rinse for at least three (3) minutes with an iodine solution containing 25 ppm available iodine.
- Use a chemical germicide that is registered by the Environmental Protection Agency (EPA) as a hospital disinfectant, following recommended dilutions and directions. Liquid waste created by these chemical disinfecting operations shall be disposed of into the sanitary sewage system.
- Employees cleaning spills of biomedical waste must wear appropriate personal protective equipment such as, but not limited to, gloves, gowns, laboratory coats, face shields or masks and eye protection. Spills should be reported to the respective Health and Safety Officer.

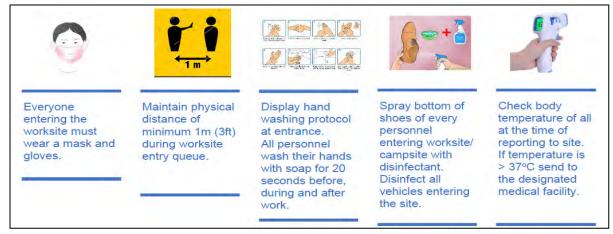
### APPENDIX-3: COVID HEALTH AND SAFETY PLAN FOR THE CONSTRUCTION WORK

The contractors shall at all times be responsible to take all reasonable precautions to maintain the health and safety of personnel and that suitable arrangements are made for all necessary welfare and hygiene requirements and for the prevention of epidemics. ADB prepared a COVID-19 Health and Safety Advisory Guidance for Construction Workforce, which may be further updated as the COVID-19 situation evolves. The ADB guidance includes the protocols on the following:

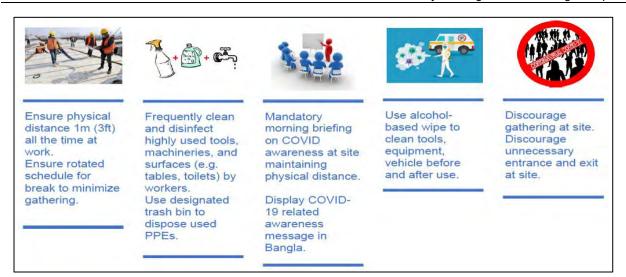
A. Prerequisites for Reopening Worksite: Plan to open/reopen worksite at limited scale (i.e. only essential works at worksite). Map essential/unavoidable works that must be attended at this moment. Identify and engage essential labor force initially. Increase labor force step by step as necessary. Do not engage labor until: i. Conduct risk assessment of worksite and prepare plan as per H&S guideline; ii. Avoid labor intensive works as much as possible; iii. Ensure all to use the Personal Protective Equipment (PPE) as appropriate; iv. Engage health and safety supervisor to implement COVID-19 guideline; v. Engage health worker for daily temperature check and record for workers; vi. Ensure all equipment and vehicles used are routinely disinfected; vii. Provide thermometer, soap, sanitizer, disinfectant, PPE at worksite/camp; viii. Place adequate washbasins, disinfectant tub, dispenser for sanitizer; ix. Engage contractor's EHS staff or assign an existing staff to handle COVID-19 in case if detected; x. Post enough COVID-19 awareness posters throughout the worksites; and xi. Maintain COVID-19 weekly monitoring and reporting mechanism at worksite; including any necessary actions to be taken.



**B. Worksite Entrance Protocol:** Everyone entering the worksite must wear a mask, gloves and hard shoes. Strictly follow and implement the EHS manual at worksite. The entrance of the worksite/camp site every personnel must wash their hands for 20 second with maintaining a distance of at least 1m (3 ft) from each other.



**C. Worksite Management Protocol:** A designated EHS and medical person should stay all time during work. The EHS/Medical person should also monitor campsite. He/she will be in charge of ensuring physical distances (minimum 1m) among workers, disinfecting surfaces that are commonly used and investigate worker's/site personnel health and safety.



## D. Camp Management Protocol:

- 1. Provide soap, sanitizer, washing facility and safe water at the workers' dwelling. Encourage frequent hand washing.
- 2. Ensure separate covered waste bin for disposal of used PPEs.
- 3. Protect against heat, cold, damp, noise, fire, and disease-carrying animals.
- 4. Maintain good housekeeping and social distancing in kitchens, meal rooms, canteens.
- 5. Ensure personal distance at least 1m (3ft) during lunch, dinner and prayer.
- 6. Ensure ample ventilation at the camp.



**E. Work at Site Awareness:** Train workers on how to properly put on, use/wear, and take off protective clothing and equipment. The on-site EHS/Medical person should be in-charge of these trainings. These trainings must maintain the WHO's social distancing protocol. Make these trainings mandatory at worksites. Provide 10-15 minutes of a workday for such 'training and encouragement' activities.



Contractor should develop a preparedness and response plan by following the ADB guideline to prevent COVID-19 infection in the workplace. The preparedness plan will be submitted to PMU for approval. In addition to the ADB guideline, the government's Technical Guidance for Social and Institutional Containment and Prevention of Pandemic COVID-19 Infection issued on 11 May 2020 has also to be complied with.